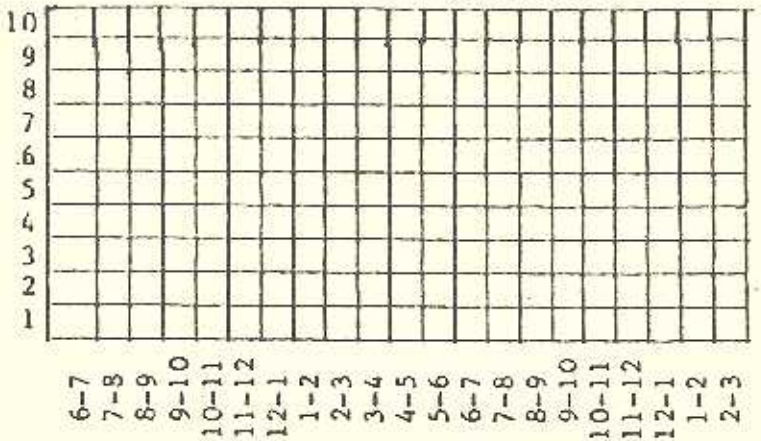
ANALYSIS OF EATING BEHAVIORS

I. Time of Eating



II. Duration of Eating

	MEALS	SNACKS
0-4 Minutes		
5-10 Minutes		
11-20 Minutes		
Over 20 Minutes		

III. Place of Eating

Kitchen		
Dining Room		
Living Room		
Bedroom		
Den		
Car		
Bus, Train		
Walkin		

Place of Eating (Cont.)

Office		
Restaurant		
Friend's Home		
Other		

IV. Alone or With Whom

Alone		
Partner		
Family		
Friends		
Coworkers		
Strangers		
Other		

V. Associated Activity

Eating Only		
Talking		
Reading		
Radio, Music		
Television		
Cooking		
Other		

Adapted from Jordan and Levit